

Title of Training	Controlled Access Zone Training		
Equipment Info.	MAKE/TYPE/SIZE/MODEL		
Material Needed			

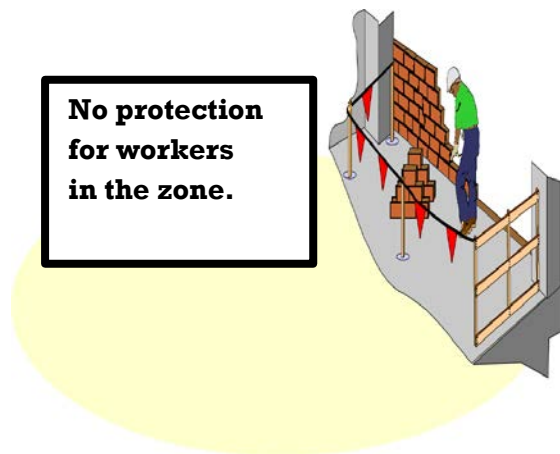
Working at Heights – Controlled Access Zone

When you are working in elevated areas such as leading edges, unprotected platforms, and around pits and tanks, one option for fall prevention is to establish a **Controlled Access one (CAZ)**. A CAZ is a system used to protect employees not wearing fall arrest or fall restraint equipment by warning them when they are within 6 feet of a potential fall hazard.

This system includes stanchions and control lines with high visibility markers.

WARNING: The CAZ requires vigilance, and a dedicated designated “safety monitor”. It is therefore not appropriate to all situations.

Make sure the Controlled Access Zone (CAZ) is defined by a control line that restricts access, and make sure signs are clearly posted to warn unauthorized employees to stay out of the Controlled Access Zone.



- When control lines are used, make sure they are positioned not less than 6 feet nor more than 25 feet from the unprotected or leading edge.
- Expand the CAZ during adverse conditions (e.g., rain, wind, slippery roof), or when working at an additional elevation within the "Safe Zone" (e.g., on a step ladder).
- Make sure control lines consist of ropes, wires, or equivalent materials that have a minimum breaking strength of 200 pounds.
- Clearly mark or flag control lines at not more than 6-foot intervals with high-visibility materials.

- Make sure each control line is rigged and supported in such a way that its lowest point (including sag) is not less than 39 inches from the working surface and its highest point is not more than 45 inches.
- Anyone working outside the “SAFE ZONE” and inside the CAZ (within 6 feet of the leading edge or fall hazard), must wear fall restraint or fall arrest equipment.
- Designate a person whose sole responsibility it is to monitor the safety of other employees in the work area and who will:
 - a) Warn employees when it appears that they are unaware of a fall hazard or are acting in an unsafe manner;
 - b) Stay within visual sighting distance of employees or in direct communication with the employees being monitored;
- All employees working in an area with a Controlled Access Zone will promptly comply with fall hazard warnings from the safety monitor.

Trainee Name (print)		Signature of Trainee	
Instructor Name		Date of Training	
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Controlled Access Zone Size

◆ **Control line distances determined by work.**

Type of Work	Control Line Distance	
	Minimum	Maximum
Erection of Precast Concrete	6 feet	60 feet
Leading Edge Work	6 feet	25 feet
Overhand Brick Laying	10 feet	15 feet

Important Notice

Controlled Access Zones are allowed in only limited circumstances and are not permitted in roofing work. In addition to above, CAZ is allowed in steel erection and in some residential construction activities, including the application of roof sheathing, but not roofing.

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EMPLOYEE NAME (Print or Type)	EMPLOYEE SIGNATURE	TRADE	DATE
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Trainee Name (print)		Signature of Trainee	
Instructor Name		Date of Training	
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